





Starters

Soup of The Day 🍲	€6.95
Homemade brown bread or white rolls <i>(SP, MK, CY)</i>	
Tomato & Herb Soup 🍲🌱	€6.95
Homemade brown bread or white rolls <i>(SP, CY)</i>	
Atlantic Fish Chowder 🍲🐟	€9.95
Homemade brown bread <i>(SP, MK, CY, FH)</i>	
Silverhill Duck Arancini	€12.95
Panko-crumbed duck & risotto balls, baby leaf, sweet chili & coriander mayo <i>(SP, SY, EG, CY, WH1)</i>	
Prawn & Chorizo	€12.95
Tiger prawn, spicy chorizo, garlic, lemon & herb butter, ciabatta croute <i>(CS, MK, SP, WH1)</i>	
Parma Ham Bruschetta	€12.95
Crisp ciabatta, rocket, pesto, tomato, red onion, parma ham, balsamic drizzle <i>(WH1, SP, MK)</i>	
Calamari 🍷	€13.95
Golden fried in light spice mix, lemon caper aioli <i>(MS, SP, EG, MD)</i>	
Chicken Wings 🍗	€12.95
Crispy cooked in hot sauce or BBQ sauce, celery, blue cheese dip <i>(SP, SY, EG, CY)</i>	
Plant Based Salad 🌱	€11.95
Baby leaf salad, rocket, saffron pearl cous cous, baby beet, grated carrot, garlic olive oil, lime <i>(SP, WH1)</i>	
An Bhearú Salad 🍷	€11.95
Baby leaf salad, roast red pepper, feta cheese, saffron pearl cous cous, house dressing <i>(MD, SP, MK, WH2)</i>	
Chicken Satay Skewers 🍗	€12.95
Char grilled chicken, satay sauce, lime, mint & natural yoghurt dip <i>(SP, SY, PN, MK)</i>	
Talbot Ceasar Salad	€11.95
Romaine lettuce, bacon lardons, croutons, anchovy, parmesan dressing <i>(EG, WH1, FH)</i>	

Mains

An Bhearú Burger	€19.95
8oz prime Irish mince beef, baby gem, beef tomato, mature cheddar, smoked bacon, bourbon mayo, chipotle & black sesame seed bun, beer battered onion rings, house chips <i>(MK, WH1, SP, SE)</i>	
Rotisserie Chicken	€18.95
Half roast chicken in honey & herb glaze, ceasar salad, roast pan jus, house chips <i>(MD, EG, WH1, FH, SP)</i>	
10oz Sirloin Steak	€31.50
Mushroom & herb duxelle, onion puree, crispy fried onion, brandy & pepper sauce or garlic & herb butter, house chips <i>(SP, CY, MK)</i>	
Cajun Chicken Burger	€19.95
Baby gem, beef tomato, cajun mayo, roast red pepper, onion, sweet chilli, pineapple salsa, house chips <i>(WH1, CY, SP, SY, EG, SE)</i>	
Black Bean Stir Fry	€16.95
Stir fried Asian vegetables, black bean sauce, basmati rice. Add Chicken + €3 <i>(SP, CY, MD, SY)</i>	
Kilmore Quay Beer Battered Cod	€19.95
Pancetta peas, burnt lemon, homemade tartar sauce, house chips <i>(FH, EG, SP, WH1)</i>	
Irish Baby Back Pork Ribs	€19.95
BBQ glazed ribs, charred corn cob, house chips <i>(SP, CY, MK)</i>	
Cottage Pie	€17.95
Top side Irish beef mince, garden herbs & vegetables topped with house mash & roast root vegetables <i>(SP, MK, CY)</i>	
Steak Sambo	€19.95
6oz Irish prime beef, sauteed onion, grilled tomato, baby rocket, ciabatta, house chips, brandy pepper sauce <i>(SP, CY, WH1, MK)</i>	
Chicken Ceasar Salad	€14.95
Romaine lettuce, bacon lardons, croutons, anchovy, parmesan dressing, garlic ciabatta <i>(EG, WH1, FH)</i>	
Carlow Chicken Carbonara	€18.95
Tender chicken, bacon lardons, linguini pasta, garlic, cream sauce, parmesan, garlic ciabatta <i>(EG, MK, SP, WH1)</i>	

Prawn Thai Curry	€21.95
Yellow Thai curry, mixed vegetables, steamed rice, poppadom <i>(SP, CY, MS)</i>	
Chicken Thai Curry	€19.95
Yellow Thai curry, mixed vegetables, steamed rice, poppadom <i>(SP, CY, MS)</i>	
Vegetable Thai Curry 🌱	€18.95
Yellow Thai curry, mixed vegetables, steamed rice, poppadom <i>(SP, CY, MS)</i>	
Pan Fried Fillet of Hake 🐟	€19.95
Sauté baby potato, bacon, garlic & roast red pepper, charred corn, tomato & red onion salsa <i>(FH, SP)</i>	
Cauliflower & Chickpea Rissole 🌱	€17.95
Panko crumb, golden fried pinto bean, mediterranean vegetable cassoutet, fresh rocket <i>(WH1, SP, CY, MK)</i>	
Moroccan Style Tagine 🍲🌱	€16.95
Mediterranean vegetables, dried fruit & spices, chunky tomato sauce, basmati rice <i>(SP)</i>	

Sides

House Chips 🍟🍷	€4.95
Sweet Potato Fries 🍟🌱	
Baby Potato & Wholegrain Salad 🍟🌱	
Red Cabbage Slaw 🍟🌱	
Garlic Ciabatta 🍷	
Beer Battered Onion Rings 🍷	
Charred Corn on The Cob 🍟🌱	

Dips & Sauces

Garlic Mayo 🍷🍷	€1.95
Blue Cheese 🍷🍷	
BBQ Sauce 🍷🍷	
Chilli & Coriander Mayo 🍷🍷	
Chipotle Mayo 🍷🍷	
Satay Sauce 🍷🍷	
Brandy & Pepper Sauce 🍷🍷	

Desserts

Oreo Cheesecake	€7.95
Chocolate Oreo pieces, biscuit base with creamy filling <i>(WH1, MK, PN, TN, LP, SP)</i>	
Apple & Mixed Berry Crumble	€7.95
Golden crumble topping, vanilla ice cream, anglaise <i>(WH3, MK, SP)</i>	
Eton Mess	€7.95
Crunchy meringue, fresh cream, raspberry coulis, fresh strawberries <i>(SP, MK, EG)</i>	
Sticky Toffee Pudding	€7.95
Vanilla ice cream, rich toffee sauce <i>(EG, WH1, MK, PN, TN, LP)</i>	
Vanilla Crème Brulee	€7.95
Vanilla infused baked egg custard, chocolate chip cookie <i>(MK, WH1, SP)</i>	
Chocolate & Coconut Tart	€7.95
Dates and mixed nut base, chocolate & coconut filling, raspberry coulis <i>(TN, PN, SY, SP)</i>	
Knickerbocker Glory	€7.95
Dairy ice cream, fruit jelly, fresh cream, fruit coulis, fresh fruit <i>(MK, SP)</i>	
Warm Chocolate & Hazelnut Brownie	€7.95
Vanilla ice cream, chocolate sauce <i>(MK, WH1, TN)</i>	

Our meats are responsibly sourced.
All our beef is of Irish origin.
All other meats are of Irish and EU Origin, and our fish and seafood is responsibly sourced.
Most of our dishes can be made Gluten Free – just ask!

🍷 Gluten Free	🌱 Vegetarian	🌿 Vegan
Peanut (PN) Tree Nuts (TN) Sesame (SE) Wheat Flour (WH1) Semolina (WH2) Whole Meal Wheat (WH3) Wheat Bran (WH4) Rye (WH5) Barley (LP1) Oats (LP2) Eggs (EG) Milk (MK) Soya (SY) Fish (FH) Crustaceans (CS) Molluscs (MS) Celery (CY) Mustard (MD) Sulphites (SP)		



Talbot Carlow
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